

Who says Chiropractic can't help with ADHD??

My name is Molly and I have been a patient of Dr. Melissa's for about 2 -3 months right now, I think. Originally, I came in because I was feeling general aches and pains, mostly in my neck, my shoulders and hips. I would wake up in the morning and not even feel like getting out of bed. I would have to stretch for 10 minutes before I even felt like climbing out of bed. So I found Dr. Melissa on the internet and the minute I came in I knew this is the place where I wanted to have my Chiropractic care. She was just so warm and welcoming and she taught me everything I needed to know about Chiropractic. So I felt really comfortable right away with the family environment. It wasn't even 2 weeks into my care and I started to have more energy with no more aches and pains getting out of bed in the morning. I wanted to jump out of bed right away instead of laying there thinking I can't even get my body to move.

I attended Dr. Melissa's wellness seminar and started to consider Chiropractic for my 8 year old. I have an 8 year old son who is high energy. He has been diagnosed with ADHD and he struggles with it in school and definitely struggles at home as well. So I signed him up for a consultation right away and got him started a few weeks after I began. In a couple of months the results I have seen are astonishing. I just see more focus in him. It used to be that he wouldn't sit and play a video game, or sit and watch TV for any length of time. He wouldn't sit and play a game or anything like that. I know most parents don't want their kid sitting and playing video games or sitting and watching TV, but it was just amazing to me to see the increase in his focus.

The results at school have been great too! I used get this feeling in the pit of my stomach, sort of a stomach ache, at about 3:00 in the afternoon before I would have to pick him up from school, because I knew that as soon as I got there the teacher was going to call me over and say 'we need to talk, he had a rough day'. It wasn't every day, but it happened frequently. That has not happened since he started care here and it has been a benefit for both of us. It makes both of us feel better because I know his days are going better. The work he brings home from school is so much different than the work he would bring home before. It is neater, it is complete. You could tell he would get tired half way through an assignment and just scribble the rest of it or not even finish it. I am seeing that his hand writing is better. His work is better and he talks more about school and what is going on at school. So I can tell that he is more focused on what is going on. This is just in the couple months of Chiropractic care. So if I am seeing those benefits this soon I will keep him under Chiropractic care forever. It is something that I really believe in now and I have seen the results with my own eyes. So it's pretty impressive. I am so glad I did it and I wish I would have done it sooner. I just didn't have the tools. I didn't know, I hadn't met Dr. Melissa and she hadn't educated me on the benefits. Thank you.

