

Who says Chiropractic can't help with Autism??

My name is Rachel Evers and Anna is my daughter. Anna is 14 and has autism spectrum disorder. We started Chiropractic care with Dr. Melissa about 6 weeks ago and in that short time frame, unexpectedly, because I wasn't necessarily looking for results for Anna's autism. I have seen a lot of interesting improvements and should elaborate on them. One of the main results I have seen is that Anna's communication skills have improved dramatically. She is communicating on point and clearly with purpose. Prior to starting care, Anna would communicate and talk often by repeating scenes she had seen on TV or in cartoons or things that didn't really seem to make sense with what is going on. So I would have to do a lot of decoding to find out what she was saying. In the past 3 weeks I would say Anna has been responding to my communication to her appropriately and directly.

She is making specific requests and not just to me either but out in the world. People will talk to her and she is responding appropriately and greeting people, things that she just typically hasn't done. I am also seeing a lot less agitation. Anna would pace and walk around a lot at the grocery store, out in public and even at the house. I am just not seeing a lot of the agitated continued movement.

Another thing that my other daughter They pointed out to me today (when she and I were talking about some things that are different about Anna) is when she had what we would jokingly refer to as her obsessive compulsive tendencies. She would make a motion like reaching out for something and then stop and then reach out and then stop and would have to do this gesture 15 times until she got it right. This has totally disappeared. She seems a lot calmer and enjoys coming here.

What does Anna think? She says 'GREAT!'.

